Referrals)

Coverage Period: 01/01/2025 - 12/31/2025 Coverage for: Individual, Family | Plan Type: EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-288-2776 or visit <u>uhc.com/aca-sample-policy</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: \$0 Individual / \$0 Family	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Yes.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other <u>deductibles</u> for specific services?	Yes, <u>Prescription drugs</u> - \$2,500 Individual / \$5,000 Family <u>Deductible</u> does not apply to Tier 1 and Tier 2 drugs. There are no other <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network: \$9,200 Individual / \$18,400 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>uhc.com/xnedocfindoa2025</u> or call 1-866-288-2776 for a list of <u>network</u>	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical			Limitations, Exceptions, & Other Important	
Event	Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
If you visit a health care provider's	Primary care visit to treat an injury or illness	\$30 copay /visit, deductible does not apply	Not Covered	None
office or clinic	Specialist visit	\$100 copay /visit, deductible does not apply	Not Covered	None
	Preventive care/ screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	Lab Testing: Free Standing/Office: \$20 copay /service, deductible does not apply Hospital: \$120 copay /service, deductible does not apply X-Ray/Diagnostics: Free Standing/Office: \$65 copay /service, deductible does not apply Hospital: \$120 copay /service, deductible does not apply	Not Covered	None
	Imaging (CT/PET scans, MRIs)	Free Standing/Office: \$300 copay /service, deductible does not apply Hospital: \$600 copay /service, deductible does not apply	Not Covered	None
If you need drugs	Tier 1 - \$0 Cost-share	No Charge	Not Covered	Provider means pharmacy for purposes of this section.
to treat your illness or condition	Tier 2 – Preferred Generic	\$15 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	Retail: One month supply up to a 30-day supply or a 90-day supply at 2.5x the 30-day cost-share.  Mail-Order: Up to a 90-day supply at 2.5x the 30-day
More information about <b>prescription</b>	Tier 3 - Preferred Brand	\$75 copay /prescription	Not Covered	<u>cost-share</u> .
drug coverage is available at	Tier 4 – Non-Preferred Brand	40% coinsurance	Not Covered	Specialty drugs limited to a 30-day supply at a network pharmacy.
uhc.com/xnedruglist	Tier 5 - Specialty	50% coinsurance	Not Covered	Certain drugs may have a <u>preauthorization</u> requirement. If you don't get <u>preauthorization</u> , benefits will not be

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Common Medical	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
2025				covered. Certain preventive medications (including certain contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered. Insulin products listed on the <u>Prescription Drug List</u> are covered at No Charge at a <u>network</u> pharmacy.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$375 <u>copay</u> /service, <u>deductible</u> does not apply	Not Covered	None	
	Physician/surgeon fees	Free Standing/Office: \$375 copay /date of service, deductible does not apply Hospital: \$1,500 copay /date of service, deductible does not apply	Not Covered	None	
If you need immediate medical	Emergency room care	\$1,500 <u>copay</u> /visit, <u>deductible</u> does not apply	\$1,500 <u>copay</u> /visit, <u>deductible</u> does not apply	None	
attention	Emergency medical transportation	\$1,500 copay /transport, deductible does not apply	\$1,500 copay /transport, deductible does not apply	None	
	Urgent care	\$75 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Virtual visits - No Charge by a Designated Virtual Network Provider.	
If you have a hospital stay	Facility fee (e.g., hospital room)	\$2,500 <u>copay</u> /day up to 3 days /admission, <u>deductible</u> does not apply	Not Covered	None	
	Physician/surgeon fees	No Charge	Not Covered	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit: \$30 copay /visit, deductible does not apply Intensive Outpatient: \$200 copay /visit, deductible does not apply All Other Outpatient: \$300 copay /visit, deductible	Not Covered	None	

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Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
		does not apply		
	Inpatient services	\$2,500 <u>copay</u> /day up to 3 days /admission, <u>deductible</u> does not apply	Not Covered	None
If you are pregnant	Office visits	No Charge	Not Covered	Cost-sharing does not apply for preventive services.
	Childbirth/delivery professional services	No Charge	Not Covered	Depending on the type of service, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care
	Childbirth/delivery facility services	\$2,500 <u>copay</u> /day up to 3 days /admission, <u>deductible</u> does not apply	Not Covered	may include tests and services described elsewhere in the SBC (i.e., ultrasound.)
If you need help recovering or have	Home health care	30% <u>coinsurance</u> , <u>deductible</u> does not apply	Not Covered	None
other special health needs	Rehabilitation services	\$100 copay /visit, deductible does not apply	Not Covered	Limits/year: Occupational, Physical, Speech, Manipulative physiotherapy: combined limit 45 visits; Cardiac: 18 visits; Pulmonary: 36 visits Additional pulmonary therapy visits are available for lung, heart-lung transplants and lung volume reduction surgery.
	Habilitative services	\$100 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Limits/year: Occupational, Physical, Speech, Manipulative physiotherapy: combined limit 45 visits; No limits apply for treatment of Autism Spectrum Disorder Services.
	Skilled nursing care	\$2,500 <u>copay</u> /day up to 3 days /admission, <u>deductible</u> does not apply	Not Covered	Skilled nursing is limited to 60 days/year.
	Durable medical equipment	30% <u>coinsurance</u> , <u>deductible</u> does not apply	Not Covered	None
	Hospice services	30% <u>coinsurance</u> , <u>deductible</u> does not apply	Not Covered	None
If your child needs	Children's eye exam	No Charge	Not Covered	Limited to 1 exam/12 months.
dental or eye care	Children's glasses	30% <u>coinsurance</u> , <u>deductible</u> does not apply	Not Covered	Limited to 1 pair/12 months.
	Children's dental check-up	No Charge	Not Covered	Limited to 2 visits/12 months.

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#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except in cases of rape, incest, or when Dental care (Adult)
- the life of the mother is endangered)
- Acupuncture Bariatric surgery
- Cosmetic surgery

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S. diseases
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care except as covered for certain

  - Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic (manipulative) care 20 visits/year,
- Hearing aids

combined with osteopathic physiotherapy

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare Insurance Company at 1-866-288-2776 or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or Nebraska Department of Insurance, 1526 K St, Suite 200, Lincoln, NE 68508, 1-877-564-7323 or doi.nebraska.gov or Office of Personnel Management Multi State Plan Program: opm.gov/healthcare-insurance/multi-state-plan-program/external-review/. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or myuhc.com/exchange or the Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or Nebraska Department of Insurance at 1-877-564-7323 or doi.nebraska.gov.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-288-2776

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-288-2776

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-288-2776

Navajo (Dine): Dinek'ehoo shika at'ohwol ninisingo, kwijijoo holne' 1-866-288-2776

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

ine <u>pian's</u> overall <u>deductible</u>	<b>\$</b> U
Specialist copayment	\$100
■ Hospital (facility) copayment	\$2,500

## Other coinsurance 30%

#### This EXAMPLE event includes services like:

<u>Specialist</u> office visits (*pre-natal care*) Childbirth/Delivery Professional Services

Childbirth/Delivery Facility Services

Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

The total Peg would pay is

# Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$100
■ Hospital (facility) copayment	\$2,500

## Other coinsurance 30%

## This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

## **Mia's Simple Fracture**

(in-<u>network</u> emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$100

■ Hospital (facility) <u>copayment</u> \$2,500

■ Other coinsurance 30%

## This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$3,100
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60

\$3,160

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$600	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$600	
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Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$2,600
Coinsurance	\$10
What isn't covered	1
Limits or exclusions	\$0
The total Mia would pay is	\$2,610

Note: This <u>plan</u> has other <u>deductibles</u> for specific services included in this coverage example. See "Are there other <u>deductibles</u> for specific services?" row above.