**UHC Silver-X (No Referrals) (Off-Exchange Only)** Coverage for: Individual, Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-691-0021 or visit uhc.com/xmd0032xpolicy2025. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall deductible?		Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Benefits available with no charge such as Network Preventive care services are covered before you meet your deductible. The cost-sharing below indicates whether the deductible applies for each benefit	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network: \$9,200 Individual / \$18,400 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See uhc.com/xmddocfindoa2025 or call 1-800-691-0021 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important
Event	Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
If you visit a health care provider's	Primary care visit to treat an injury or illness	\$10 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	None
office or clinic	Specialist visit	\$55 <u>copay</u> /visit	Not Covered	None
	Preventive care/ screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive.  Ask your <u>provider</u> if the services needed are preventive.  Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Lab Testing: Free Standing/Office: \$25 copay /service, deductible does not apply Hospital: \$75 copay /service, deductible does not apply X-Ray/Diagnostics: 50% coinsurance	Not Covered	None
	Imaging (CT/PET scans, MRIs)	50% coinsurance	Not Covered	None
If you need drugs	Tier 1 - \$0 Cost-share	No Charge	Not Covered	Provider means pharmacy for purposes of this section.  Retail: One month supply up to a 30-day supply or a 90-
to treat your illness or condition	Tier 2 – Preferred Generic	\$10 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	day supply at 2.5x the 30-day
More information about <b>prescription</b>	Tier 3 - Preferred Brand	\$100 copay /prescription	Not Covered	<u>cost-share</u> .
drug coverage is available at	Tier 4 – Non-Preferred Brand	45% coinsurance	Not Covered	Specialty drugs limited to a 90-day supply at a network pharmacy.
uhc.com/xmddruglist 2025	Tier 5 - Specialty	50% <u>coinsurance</u>	Not Covered	Certain drugs may have a <u>preauthorization</u> requirement. If you don't get <u>preauthorization</u> , benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered. Insulin products listed on the <u>Prescription Drug List</u> are covered at No Charge at a <u>network</u> pharmacy.
If you have	Facility fee (e.g., ambulatory surgery	50% coinsurance	Not Covered	None

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Common Medical	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
outpatient surgery	center)				
	Physician/surgeon fees	50% coinsurance	Not Covered	None	
If you need immediate medical	Emergency room care	50% coinsurance	50% coinsurance	\$5 per occurrence <u>deductible</u> applies prior to the overall <u>deductible</u> .	
attention	Emergency medical transportation	50% coinsurance	50% coinsurance	\$5 per occurrence <u>deductible</u> applies prior to the overall <u>deductible</u> .	
	<u>Urgent care</u>	\$75 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Virtual visits - No Charge by a Designated Virtual <a href="Network Provider">Network Provider</a> .	
If you have a hospital stay	Facility fee (e.g., hospital room)	50% coinsurance	Not Covered	None	
	Physician/surgeon fees	50% coinsurance	Not Covered	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit: \$10 copay /visit, deductible does not apply Intensive Outpatient: 50% coinsurance All Other Outpatient: 50% coinsurance	Not Covered	None	
	Inpatient services	50% coinsurance	Not Covered	None	
If you are pregnant	Office visits	No Charge	Not Covered	Cost-sharing does not apply for preventive services.	
	Childbirth/delivery professional services	50% coinsurance	Not Covered	Depending on the type of service, a copayment, coinsurance or deductible may apply. Maternity care	
	Childbirth/delivery facility services	50% <u>coinsurance</u>	Not Covered	may include tests and services described elsewhere in the SBC (i.e., ultrasound.)	
If you need help	Home health care	50% coinsurance	Not Covered	None	
recovering or have other special	Rehabilitation services	50% coinsurance	Not Covered	Limits/year: Cardiac: 90 visits; Physical, Speech, Occupational: 30 visits each; Pulmonary: Unlimited visits	
health needs	Habilitative services	50% <u>coinsurance</u>	Not Covered	Limits/year: Speech, Physical, Occupational: 30 visits each All limits are per condition per year.	
	Skilled nursing care	50% coinsurance	Not Covered	Skilled nursing is limited to 100 days/year.	
	<u>Durable medical</u>	50% coinsurance	Not Covered	None	

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Common Medical	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important	
Event Need		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	equipment				
	Hospice services	50% coinsurance	Not Covered	Inpatient hospice limited to 30 days/year. Respite care	
				limited to 14 days/year.	
If your child needs	Children's eye exam	No Charge	Not Covered	Limited to 1 exam/12 months.	
dental or eye care	Children's glasses	50% coinsurance	Not Covered	Limited to 1 pair/12 months.	
	Children's dental	No Charge	Not Covered	Limited to 2 visits/12 months.	
	check-up				

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#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic surgery

• Non-emergency care when traveling outside the U.S. • Routine foot care - except as covered for certain

Dental care (Adult) Long-term care

 Private-duty nursing Routine eye care (Adult)

- diseases Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Abortion

Acupuncture

- Bariatric surgery
- Chiropractic (manipulative) care 20 visits/year
- Hearing aids 1 purchase per hearing impaired ear /36 months
- Infertility treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Optimum Choice, Inc. at 1-800-691-0021 or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-guestion/ask-ebsa or Maryland Insurance Administration, Customer Services Division, 200 St. Paul Place, Suite 2700, Baltimore, MD 21202, 1-800-492-6116 or insurance.maryland.gov/Consumer or Office of Personnel Management Multi State Plan Program: opm.gov/healthcareinsurance/multi-state-plan-program/external-review/. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or myuhc.com/exchange or the Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-guestion/ask-ebsa or Maryland Insurance Administration, Customer Services Division at 1-800-492-6116 or insurance.maryland.gov/Consumer.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/agencies/ebsa/about-ebsa/ask-a-guestion/ask-ebsa.

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-691-0021

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-691-0021

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-691-0021

Navajo (Dine): Dinek'ehqo shika at'ohwol ninisingo, kwijijgo holne' 1-800-691-0021

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
Specialist copayment	\$55
■ Hospital (facility) coinsurance	50%
Other coinsurance	50%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$3,000
Copayments	\$300
Coinsurance	\$3,500
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$6,860

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-
controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
Specialist copayment	\$55
■ Hospital (facility) coinsurance	50%
Other coinsurance	50%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*) <u>Diagnostic tests</u> (*blood work*)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$500
Copayments	\$200
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$700

## **Mia's Simple Fracture**

(in-<u>network</u> emergency room visit and follow up care)

care)	
■ The plan's overall deductible	\$3,000
■ Specialist copayment	\$55
■ Hospital (facility) coinsurance	50%
Other coinsurance	50%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800		
In this example, Mia would pay:			
Cost Sharing			
<u>Deductibles</u>	\$2,610		
<u>Copayments</u>	\$60		
<u>Coinsurance</u>	\$0		
What isn't covered			
Limits or exclusions			
The total Mia would pay is	\$2,670		