UHC Gold-B Standard (No Referrals)

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-888-200-0327 or visit <u>uhc.com/aca-sample-policy</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 at Indian Health Care <u>Provider</u> (IHCP) or with IHCP <u>referral</u> at non-IHCP; or \$1,500 Individual / \$3,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> and categories with a <u>copay</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	<u>Network</u> : \$8,700 Individual / \$17,400 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-</u> of-pocket limit?	<u>Premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>uhc.com/xaldocfindoa2024</u> or call 1- 888-200-0327 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays <u>(balance billing)</u> . Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common	Services You		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Information
lf you visit a health care <u>provider's</u>	Primary care visit to treat an injury or illness	No Charge	\$30 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
office or clinic	<u>Specialist</u> visit	No Charge	\$60 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Preventive care/ screening/ immunization	No Charge	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x- ray, blood work)	No Charge	25% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Imaging (CT/PET scans, MRIs)	No Charge	25% <u>coinsurance</u>	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you need drugs to treat your illness or	Tier 1 - Your Lowest Cost Option	No Charge	No Charge	Not Covered	Provider means pharmacy for purposes of this section. Retail: One month supply up to a 30-day supply or a 90-day supply at 2.5x the 30-day <u>cost share</u> . Mail-Order: Up to a 90-day supply at 2.5x the 30-day <u>cost share</u> .
condition More information about	Tier 2 - Your Lower Cost Option	No Charge	\$15 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	
prescription drug coverage is available at	Tier 3 - Your Mid- Range Cost Option	No Charge	\$30 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	Specialty drugs limited to a 30-day supply at a <u>network</u> pharmacy. Certain drugs may have a <u>preauthorization</u>
uhc.com/xalQdru glist2024	Tier 4 – Your Mid- Range Cost Option	No Charge	\$60 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	requirement. If you don't get <u>preauthorization</u> , benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered.
	Tier 5 – Your Higher Cost Option	No Charge	\$250 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	
	Tier 6 – Your Highest Cost Option	Not Applicable	Not Applicable	Not Applicable	Cost-sharing waived at non-IHCP with IHCP referral.
If you have outpatient	Facility fee (e.g., ambulatory	No Charge	25% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.

Common	Services You	What You Will Pay			Limitations, Exceptions, & Other Important
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Information
surgery	surgery center)				
	Physician/ surgeon fees	No Charge	25% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
lf you need immediate	Emergency room	No Charge	25% coinsurance	25% coinsurance	Cost-sharing waived at non-IHCP with IHCP referral.
medical attention	Emergency medical transportation	No Charge	25% coinsurance	25% coinsurance	Cost-sharing waived at non-IHCP with IHCP referral.
	Urgent care	No Charge	\$45 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
lf you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	25% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Physician/ surgeon fees	No Charge	25% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
lf you need mental health, behavioral	Outpatient services	No Charge	Office Visit: \$30 <u>copay</u> /visit, <u>deductible</u> does not apply Outpatient: 25% <u>coinsurance</u>	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
health, or substance abuse services	Inpatient services	No Charge	25% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
lf you are	Office Visits	No Charge	No Charge	Not Covered	Cost-sharing does not apply for preventive
pregnant	Childbirth/ delivery professional services	No Charge	25% coinsurance	Not Covered	<u>services</u> . Depending on the type of service, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services
	Childbirth/ delivery facility services	No Charge	25% coinsurance	Not Covered	described elsewhere in the SBC (i.e. ultrasound.) <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
lf you need help recovering or have other	Home health care	No Charge	25% coinsurance	Not Covered	Limited to 60 visits/year. Cost-sharing waived at non-IHCP with IHCP referral.
special health needs	Rehabilitation services	No Charge	\$30 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Limits/year: Occupational, Physical, Speech: combined limit 30 visits; Cardiac, Pulmonary: Unlimited visits each

Common Services You		What You Will Pay			Limitations, Exceptions, & Other Important
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of- Network Provider (You will pay the most)	Information
					Cost-sharing waived at non-IHCP with IHCP referral.
	<u>Habilitation</u> <u>services</u>	No Charge	\$30 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Limits/year: Occupational, Physical, Speech: combined limit 30 visits; An additional combined limit of 35 visits for speech and occupational therapy applies for treatment of Autism Spectrum Disorder. <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	<u>Skilled nursing</u> care	No Charge	25% <u>coinsurance</u>	Not Covered	Limited to 60 days/year (combined with inpatient rehabilitation) <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	Durable medical equipment	No Charge	25% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Hospice services	No Charge	25% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If your child needs dental or eye care	Children's eye exam	No Charge	No Charge	Not Covered	Limited to 1 exam/12 months. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
	Children's glasses	No Charge	25% <u>coinsurance</u>	Not Covered	Limited to 1 pair/12 months. <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	Children's dental check-up	No Charge	No Charge	Not Covered	Limited to 2 visits/12 months. Cost-sharing waived at non-IHCP with IHCP referral.

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
• Abortion - (except in cases of rape, incest,	or when the life • Glasses (Adult)	 Private duty nursing 		
of the mother is endangered)	 Hearing aids 	 Routine eye care (Adult) 		
Acupuncture	 Infertility treatment 	 Routine foot care - except as covered for diabetes 		
Bariatric surgery	Long-term care	Weight loss programs		
Cosmetic surgery	 Non-emergency care when traveling of 	putside the U.S.		

Dental care (Adult)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic (manipulative) care - 10 visits/year

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare Insurance Company at 1-888-200-0327 or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/aboutebsa/ask-a-question/ask-ebsa or Alabama Department of Insurance, 201 Monroe Street, Suite 502, Montgomery, AL 36104, 1-800-433-3966 or aldoi.gov/Consumers or Office of Personnel Management Multi State Plan Program: opm.gov/healthcare-insurance/multi-state-plan-program/external-review/ . Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or <u>myuhc.com/exchange</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u> or Alabama Department of Insurance at 1-800-433-3966 or <u>aldoi.gov/Consumers</u>.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-200-0327 Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-200-0327 Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-200-0327 Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijgo holne' 1-888-200-0327

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in- <u>network</u> pre-natal care and a hospital delivery)		
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> 	\$1,500 \$60 25%	
Hospital (facility) coinsurance25Other coinsurance25		

This EXAMPLE event includes services like:

<u>Specialist</u> office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covered	·
Limits or exclusions	\$60
The total Peg would pay is	\$60

Managing Joe's Type 2 Diabetes		
(a year of routine in- <u>network</u> care of a well-controlled		
condition)		
The plan's overall deductible \$1,500		
Specialist copayment \$60		
Hospital (facility) <u>coinsurance</u> 25%		
Other coinsurance 25%		

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$0

Mia's Simple Fracture

(in-<u>network</u> emergency room visit and follow up care)

The plan's overall deductible	\$1,500
Specialist copayment	\$60
Hospital (facility) <u>coinsurance</u>	25%
Other coinsurance	25%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covered	1
Limits or exclusions	\$0
The total Mia would pay is	\$0

Note: These numbers assume the patient received care from an IHCP or with an IHCP referral to a non-IHCP. If you received care from a non-IHCP without a referral from an IHCP your costs may be higher.