UnitedHealthcare UHC Gold-X Standard (No Referrals)

Coverage for: Individual, Family|Plan Type: EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-888-200-0327 or visit <u>uhc.com/aca-sample-policy</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall <u>deductible</u> ?	Network: \$1,500 Individual / \$3,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered	Yes. Preventive care and categories with a	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a
before you meet your	copay are covered before you meet your	copayment or coinsurance may apply. For example, this plan covers certain preventive services
deductible?	deductible.	without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u>
		at healthcare.gov/coverage/preventive-care-benefits.
Are there other <u>deductibles</u> for	No.	You don't have to meet <u>deductibles</u> for specific services.
specific services?		
What is the <u>out-of-pocket limit</u>	Network: \$8,700 Individual / \$17,400 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other
for this <u>plan</u> ?		family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family
		out-of-pocket limit has been met.
What is not included in the out-	Premiums, balance-billing charges, and health	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
of-pocket limit?	care this <u>plan</u> doesn't cover.	
Will you pay less if you use a	Yes. See <u>uhc.com/xaldocfindoa2024</u> or call 1-	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You
network provider?	888-200-0327 for a list of network providers.	will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for
		the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware,
		your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work).
_		Check with your provider before you get services.
Do you need a <u>referral</u> to see a	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .
specialist?		



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <u>provider's</u> office	Primary care visit to treat an injury or illness	\$30 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	None
or clinic	Specialist visit	\$60 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	None
	Preventive care/ screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	25% <u>coinsurance</u>	Not Covered	None
	Imaging (CT/PET scans, MRIs)	25% <u>coinsurance</u>	Not Covered	None
If you need drugs to treat your illness or	Tier 1 - Your Lowest Cost Option	No Charge	Not Covered	Provider means pharmacy for purposes of this section.  Retail: One month supply up to a 30-day supply or a 90-day
condition  More information about prescription drug coverage is available at uhc.com/xalQdruglist2	Tier 2 – Your Lower Cost Option	\$15 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	supply at 2.5x the 30-day cost share.  Mail-Order: Up to a 90-day supply at 2.5x the 30-day cost share.  Specialty drugs limited to a 30-day supply at a network pharmacy.  Certain drugs may have a preauthorization requirement. If you don't get preauthorization, benefits will not be covered. Certain
	Tier 3 - Your Mid-Range Cost Option	\$30 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	
	Tier 4 – Your Mid-Range Cost Option	\$60 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	
<u>024</u>	Tier 5 – Your Higher Cost Option	\$250 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	preventive medications (including certain contraceptives) are covered at No Charge.
	Tier 6 – Your Highest Cost Option	Not Applicable	Not Applicable	See the website listed for information on drugs covered by your plan. Not all drugs are covered.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	25% <u>coinsurance</u>	Not Covered	None
	Physician/surgeon fees	25% coinsurance	Not Covered	None
If you need	Emergency room care	25% coinsurance	25% coinsurance	None
immediate medical attention	Emergency medical transportation	25% <u>coinsurance</u>	25% <u>coinsurance</u>	None
	Urgent care	\$45 copay /visit, deductible	Not Covered	None

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Common Medical	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
Event		Network Provider (You will pay the least) does not apply	Out-of-Network Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	25% coinsurance	Not Covered	None
	Physician/surgeon fees	25% coinsurance	Not Covered	None
If you need mental health, behavioral health, or substance	Outpatient services	Office Visit: \$30 copay /visit, deductible does not apply Outpatient: 25% coinsurance	Not Covered	None
abuse services	Inpatient services	25% <u>coinsurance</u>	Not Covered	None
If you are pregnant	Office visits	No Charge	Not Covered	Cost-sharing does not apply for preventive services.
	Childbirth/delivery professional services	25% coinsurance	Not Covered	Depending on the type of service, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and
	Childbirth/delivery facility services	25% <u>coinsurance</u>	Not Covered	services described elsewhere in the SBC (i.e. ultrasound.)
If you need help	Home health care	25% coinsurance	Not Covered	Limited to 60 visits/year.
recovering or have other special health needs	Rehabilitation services	\$30 copay /visit, deductible does not apply	Not Covered	Limits/year: Occupational, Physical, Speech: combined limit 30 visits; Cardiac, Pulmonary: Unlimited visits each
neeus	Habilitative services	\$30 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Limits/year: Occupational, Physical, Speech: combined limit 30 visits; An additional combined limit of 35 visits for speech and occupational therapy applies for treatment of Autism Spectrum Disorder.
	Skilled nursing care	25% coinsurance	Not Covered	Limited to 60 days/year (combined with inpatient rehabilitation)
	Durable medical equipment	25% <u>coinsurance</u>	Not Covered	None
	Hospice services	25% <u>coinsurance</u>	Not Covered	None
If your child needs	Children's eye exam	No Charge	Not Covered	Limited to 1 exam/12 months.
dental or eye care	Children's glasses	25% <u>coinsurance</u>	Not Covered	Limited to 1 pair/12 months.
	Children's dental check-up	No Charge	Not Covered	Limited to 2 visits/12 months.

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#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except in cases of rape, incest, or when the life Glasses (Adult)
- of the mother is endangered)
- Acupuncture
- Dental care (Adult)
- Bariatric surgery
- Cosmetic surgery

- Hearing aids Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private duty nursing
- Routine eye care (Adult)
- Routine foot care except as covered for diabetes
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

· Chiropractic (manipulative) care - 10 visits/year

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare Insurance Company at 1-888-200-0327 or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/aboutebsa/ask-a-question/ask-ebsa or Alabama Department of Insurance, 201 Monroe Street, Suite 502, Montgomery, AL 36104, 1-800-433-3966 or aldoi.gov/Consumers or Office of Personnel Management Multi State Plan Program: opm.gov/healthcare-insurance/multi-state-plan-program/external-review/. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or myuhc.com/exchange or the Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-question/askebsa or Alabama Department of Insurance at 1-800-433-3966 or aldoi.gov/Consumers

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa.

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-200-0327

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-200-0327

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-200-0327

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-200-0327

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
■ Specialist copayment	\$60
■ Hospital (facility) <u>coinsurance</u>	25%
Other coinsurance	25%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1,500	
Copayments	\$10	
Coinsurance	\$2,400	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$3,970	

Managing Joe's Type 2 Dial	oetes
(a year of routine in-network care of a we	ell-controlled
condition)	
■ The <u>plan's</u> overall <u>deductible</u>	\$1,500
Specialist copayment	\$60
Hospital (facility) coinsurance	25%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Managing Joe's Type 2 Dial (a year of routine in- <u>network</u> care of a we condition)	
The plan's overall deductible	\$1,500
Specialist copayment	\$60
Hospital (facility) coinsurance	25%
Other coinsurance	25%

# (in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,500
■ Specialist copayment	\$60
■ Hospital (facility) coinsurance	25%
Other coinsurance	25%

**Mia's Simple Fracture** 

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$300	
Copayments	\$1,100	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$1,400	

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$1,500
<u>Copayments</u>	\$200
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,900