Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

UnitedHealthcare UHC Gold-B Copay Focus \$0 Indiv Med Ded (\$0 Virtual Urgent Care, \$3 Tier 2 Rx, No Referrals)

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-980-5357 or visit uhc.com/aca-sample-policy. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 at Indian Health Care <u>Provider</u> (IHCP) or with IHCP <u>referral</u> at non-IHCP; or \$0 Individual / \$0 Family	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your <u>deductible</u> ?	Yes.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <u>healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other <u>deductibles</u> for specific services?	Yes, <u>Prescription drugs</u> - \$500 Individual / \$1,000 Family <u>Deductible</u> does not apply to Tier 1, Tier 2 and Tier 3 drugs. There are no other <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<u>Network</u> : \$9,200 Individual / \$18,400 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>uhc.com/xncdocfindoa2025</u> or call 1-800-980-5357 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network</u> <u>provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common	Services You		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out- of-Network Provider (You will pay the most)	Information
lf you visit a health care <u>provider's</u>	Primary care visit to treat an injury or illness	No Charge	\$15 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
office or clinic	<u>Specialist</u> visit	No Charge	\$60 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Preventive care/ screening/ immunization	No Charge	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	Lab Testing: Free Standing/Office: \$10 <u>copay</u> /service, <u>deductible</u> does not apply Hospital: \$65 <u>copay</u> /service, <u>deductible</u> does not apply X-Ray/Diagnostics: Free Standing/Office: \$65 <u>copay</u> /service, <u>deductible</u> does not apply Hospital: \$100 <u>copay</u> /service, <u>deductible</u> does not apply	Not Covered	<u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
	Imaging (CT/PET scans, MRIs)	No Charge	Free Standing/Office: \$300 <u>copay</u> /service, <u>deductible</u> does not apply Hospital: \$600 <u>copay</u> /service, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you need drugs to treat	Tier 1 - \$0 Cost- share	No Charge	No Charge	Not Covered	Provider means pharmacy for purposes of this section.
your illness or condition More	Tier 2 – Preferred Generic	No Charge	\$3 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	Retail: One month supply up to a 30-day supply or a 90-day supply at 2.5x the 30-day cost-share.
information about	Tier 3 - Preferred Brand	No Charge	\$50 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	Mail-Order: Up to a 90-day supply at 2.5x the 30-day cost-share.
prescription drug coverage	Tier 4 – Non- Preferred Brand	No Charge	40% <u>coinsurance</u>	Not Covered	Specialty drugs limited to a 30-day supply at a network pharmacy.

Common	Services You		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out- of-Network Provider (You will pay the most)	Information
is available at <u>uhc.com/xncdr</u> <u>uglist2025</u>	Tier 5 - Specialty	No Charge	50% <u>coinsurance</u>	Not Covered	Certain drugs may have a <u>preauthorization</u> requirement. If you don't get <u>preauthorization</u> , benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> . Insulin products listed on the <u>Prescription Drug</u> List are covered at No Charge at a network pharmacy.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	\$300 <u>copay</u> /service, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Physician/ surgeon fees	No Charge	Free Standing/Office: \$300 <u>copay</u> /date of service, <u>deductible</u> does not apply Hospital: \$450 <u>copay</u> /date of service, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you need immediate medical	Emergency room care	No Charge	\$750 <u>copay</u> /visit, <u>deductible</u> does not apply	\$750 <u>copay</u> /visit, <u>deductible</u> does not apply	Cost-sharing waived at non-IHCP with IHCP referral.
attention	Emergency medical transportation	No Charge	\$750 <u>copay</u> /transport, <u>deductible</u> does not apply	\$750 <u>copay</u> /transport, <u>deductible</u> does not apply	Cost-sharing waived at non-IHCP with IHCP referral.
	<u>Urgent care</u>	No Charge	\$50 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Virtual visits - No Charge by a Designated Virtual Provider. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
lf you have a	Facility fee (e.g.,	No Charge	\$2,000 <u>copay</u> /day up to 3 days	Not Covered	Cost-sharing waived at non-IHCP with IHCP

Common	Services You		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out- of-Network Provider (You will pay the most)	Information
hospital stay	hospital room)		/admission, <u>deductible</u> does not apply		<u>referral</u> .
	Physician/ surgeon fees	No Charge	No Charge	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you need mental health, behavioral health, or substance abuse	Outpatient services	No Charge	Office Visit: \$20 <u>copay</u> /visit, <u>deductible</u> does not apply Intensive Outpatient: \$120 <u>copay</u> /visit, <u>deductible</u> does not apply All Other Outpatient: \$180 <u>copay</u> /visit, deductible does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
services	Inpatient services	No Charge	\$2,000 <u>copay</u> /day up to 3 days /admission, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you are	Office Visits	No Charge	No Charge	Not Covered	Cost-sharing does not apply for preventive
pregnant	Childbirth/ delivery professional services	No Charge	No Charge	Not Covered	<u>services</u> . Depending on the type of service, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.,
	Childbirth/ delivery facility services	No Charge	\$2,000 <u>copay</u> /day up to 3 days /admission, <u>deductible</u> does not apply	Not Covered	ultrasound.) <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
lf you need help	<u>Home health</u> care	No Charge	20% <u>coinsurance, deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
recovering or have other special health needs	Rehabilitation services	No Charge	\$60 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Limits/year: Manipulative, Occupational, Physical: combined limit 30 visits; Speech: 30 visits; Cardiac, Pulmonary: Unlimited visits each <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	<u>Habilitative</u> services	No Charge	\$60 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Limits/year: Manipulative, Occupational, Physical: combined limit 30 visits; Speech: 30 visits <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .

Common Services You			What You Will Pay	Limitations, Exceptions, & Other Important	
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out- of-Network Provider (You will pay the most)	Information
					No limits apply for treatment of Autism Spectrum Disorder Services.
	<u>Skilled nursing</u> care	No Charge	\$2,000 <u>copay</u> /day up to 3 days /admission, <u>deductible</u> does not apply	Not Covered	Limited to 60 days/year (combined with inpatient rehabilitation) <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	Durable medical equipment	No Charge	20% <u>coinsurance, deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Hospice services	No Charge	20% <u>coinsurance, deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If your child needs dental or eye care	Children's eye exam	No Charge	No Charge	Not Covered	Limited to 1 exam/12 months. <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	Children's glasses	No Charge	20% <u>coinsurance, deductible</u> does not apply	Not Covered	Limited to 1 pair/12 months. <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	Children's dental check-up	No Charge	No Charge	Not Covered	Limited to 2 visits/12 months. Cost-sharing waived at non-IHCP with IHCP referral.

**Excluded Services & Other Covered Services:** 

Services Your Plan Generally Does NOT Cover (C	heck your policy or <u>plan</u> document for more informa	ation and a list of any other <u>excluded services</u> .)
• Abortion - (except in cases of rape, incest, or when	Dental care (Adult)	Routine eye care (Adult)
the life of the mother is endangered)	Long-term care	Routine foot care - except as covered for certain
Acupuncture	• Non-emergency care when traveling outside the U.S.	diseases
Cosmetic surgery		Weight loss programs
Other Covered Services (Limitations may apply to	o these services. This isn't a complete list. Please se	e your <u>plan</u> document.)
Bariatric surgery	Hearing aids - 1 purchase per hearing impaired ear	
Chiropractic (manipulative) care - 30 visits/year,	/36 months	

combined with PT/OT • Infertility treatment - cycle limits may apply

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare of North Carolina, Inc. at 1-800-980-5357 or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or North Carolina Department of Insurance, 325 N. Salisbury Street, Suite 1018, Raleigh, NC 27603, 1-855-408-1212 or ncdoi.gov/consumers/health-insurance or Office of Personnel Management Multi State Plan Program: opm.gov/healthcare-insurance/multi-state-plan-program/external-review/. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or <u>myuhc.com/exchange</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u> or North Carolina Department of Insurance at 1-855-408-1212 or <u>ncdoi.gov/consumers/health-insurance</u>.

Additionally, a consumer assistance program may help you file your <u>appeal</u>. Contact <u>dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u>.

# Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-980-5357 Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-980-5357 Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-980-5357 Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijgo holne' 1-800-980-5357

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby		
(9 months of in- <u>network</u> pre-natal care and a		
hospital delivery)		
The plan's overall <u>deductible</u> \$0		
Specialist copayment \$60		
Hospital (facility) <u>copayment</u> \$2,000		
Other <u>coinsurance</u> 20%		

## This EXAMPLE event includes services like:

<u>Specialist</u> office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$60

Managing Joe's Type 2 Dial	betes
(a year of routine in- <u>network</u> care of	f a well-
controlled condition)	
The plan's overall deductible	\$0
Specialist copayment	\$60
Hospital (facility) <u>copayment</u>	\$2,000
Other <u>coinsurance</u>	20%

## This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
Deductibles	\$0
<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$0

# Mia's Simple Fracture

(in-<u>network</u> emergency room visit and follow up care)
The <u>plan's</u> overall <u>deductible</u> \$0
<u>Specialist copayment</u> \$60
Hospital (facility) <u>copayment</u> \$2,000
Other <u>coinsurance</u> 20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$0
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covere	d
Limits or exclusions	\$0
The total Mia would pay is	\$0

Note: These numbers assume the patient received care from an IHCP or with an IHCP referral to a non-IHCP. If you received care from a non-IHCP without a referral from an IHCP your costs may be higher.

Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.