Coverage Period: 01/01/2025 - 12/31/2025 Coverage for: Individual, Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-980-5357 or visit <u>uhc.com/aca-sample-policy</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

| Important Questions  | Answers  | Why This Matters  |
|--|--|---|
| What is the overall deductible?                                      | \$0  | See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.  |
| Are there services covered before you meet your deductible?          | Yes.   | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.   |
| Are there other <u>deductibles</u> for specific services?            | No.  | You don't have to meet <u>deductibles</u> for specific services.  |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | Not Applicable   | This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.  |
| What is not included in the<br>out-of-pocket limit?                  | Not Applicable   | This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.  |
| Will you pay less if you use a <u>network provider</u> ?             | Yes. See <u>uhc.com/xncdocfindoa2025</u> or call 1-800-980-5357 for a list of <u>network providers</u> . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ?           | No.  | You can see the <u>specialist</u> you choose without a <u>referral</u> .  |

| Common Medical         | <b>→</b>                   | May What You Will Pay   |  | Limitations, Exceptions, & Other Important |  |
|------------------------|----------------------------|---|--|--|--|
| Event                  | Need                       | Indian Health Care<br>Provider (IHCP)<br>(You will pay the least) | Non-IHCP Provider<br>(You will pay the most) | Information                                |  |
| If you visit a health  | Primary care visit to      | No Charge   | No Charge                                    | None                                       |  |
| care <u>provider's</u> | treat an injury or illness |   |  |  |  |
| office or clinic       | Specialist visit           | No Charge   | No Charge                                    | None                                       |  |

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| Common Medical   | Services You May                               | What You Will Pay  |   | Limitations, Exceptions, & Other Important  |  |
|--|--|--|---|---|--|
| Event  | Need   | Indian Health Care<br>Provider (IHCP)<br>(You will pay the least)  | Non-IHCP Provider<br>(You will pay the most)  | Information   |  |
|  | Preventive care/<br>screening/<br>immunization | No Charge  | No Charge   | You may have to pay for services that aren't preventive.  Ask your <u>provider</u> if the services needed are preventive.  Then check what your <u>plan</u> will pay for. |  |
| If you have a test   | <u>Diagnostic test</u> (x-ray, blood work)     | No Charge  | No Charge   | None  |  |
|  | Imaging (CT/PET scans, MRIs)                   | No Charge  | No Charge   | None  |  |
| If you need drugs  | Tier 1 - \$0 Cost-share                        | No Charge  | No Charge   | Provider means pharmacy for purposes of this section.   |  |
| to treat your illness or condition                             | Tier 2 – Preferred<br>Generic                  | No Charge  | No Charge   | Retail: One month supply up to a 30-day supply or a 90-day supply at 2.5x the 30-day cost-share.  Mail-Order: Up to a 90-day supply at 2.5x the 30-day                    |  |
| More information   | Tier 3 - Preferred Brand                       | No Charge  | No Charge   | <u>cost-share</u> .   |  |
| about <u>prescription</u> <u>drug coverage</u> is available at | Tier 4 – Non-Preferred Brand                   | No Charge  | No Charge   | Specialty drugs limited to a 30-day supply at a network pharmacy.   |  |
| uhc.com/xncdruglist<br>2025                                    | Tier 5 - Specialty                             | If you don covered. Covered. See the work of the set of | Certain drugs may have a <u>preauthorization</u> requirement. If you don't get <u>preauthorization</u> , benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered. Insulin products listed on the <u>Prescription Drug List</u> are covered at No Charge at a <u>network</u> pharmacy. |   |  |
| If you have outpatient surgery                                 | Facility fee (e.g., ambulatory surgery center) | No Charge  | No Charge   | None  |  |
|  | Physician/surgeon fees                         | No Charge  | No Charge   | None  |  |
| If you need  | Emergency room care                            | No Charge  | No Charge   | None  |  |
| immediate medical attention                                    | Emergency medical transportation               | No Charge  | No Charge   | None  |  |
|  | <u>Urgent care</u>                             | No Charge  | No Charge   | Virtual visits - No Charge by a Designated Virtual <a href="Provider">Provider</a> .  |  |
| If you have a  | Facility fee (e.g., hospital room)             | No Charge  | No Charge   | None  |  |

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| Common Medical  | Services You May                          | What You Will Pay   |   | Limitations, Exceptions, & Other Important   |
|---|---|---|---|--|
| Event   | Need                                      | Indian Health Care<br>Provider (IHCP)<br>(You will pay the least)                                   | Non-IHCP Provider<br>(You will pay the most)  | Information  |
| hospital stay   | Physician/surgeon fees                    | No Charge   | No Charge   | None   |
| If you need mental<br>health, behavioral<br>health, or<br>substance abuse<br>services | Outpatient services                       | Office Visit: No Charge<br>Intensive Outpatient: No<br>Charge<br>All Other Outpatient: No<br>Charge | Office Visit: No Charge<br>Intensive Outpatient: No<br>Charge<br>All Other Outpatient: No<br>Charge | None   |
|   | Inpatient services                        | No Charge   | No Charge   | None   |
| If you are pregnant   | Office visits                             | No Charge   | No Charge   | None   |
|   | Childbirth/delivery professional services | No Charge   | No Charge   |  |
|   | Childbirth/delivery facility services     | No Charge   | No Charge   |  |
| If you need help  | Home health care                          | No Charge   | No Charge   | None   |
| recovering or have other special health needs   | Rehabilitation services                   | No Charge   | No Charge   | Limits/year: Manipulative, Occupational, Physical: combined limit 30 visits; Speech: 30 visits; Cardiac, Pulmonary: Unlimited visits each                          |
|   | Habilitative services                     | No Charge   | No Charge   | Limits/year: Manipulative, Occupational, Physical: combined limit 30 visits; Speech: 30 visits No limits apply for treatment of Autism Spectrum Disorder Services. |
|   | Skilled nursing care                      | No Charge   | No Charge   | Limited to 60 days/year (combined with inpatient rehabilitation)   |
|   | Durable medical equipment                 | No Charge   | No Charge   | None   |
|   | Hospice services                          | No Charge   | No Charge   | None   |
| If your child needs   | Children's eye exam                       | No Charge   | No Charge   | Limited to 1 exam/12 months.   |
| dental or eye care  | Children's glasses                        | No Charge   | No Charge   | Limited to 1 pair/12 months.   |
|   | Children's dental check-up                | No Charge   | No Charge   | Limited to 2 visits/12 months.   |

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#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except in cases of rape, incest, or when Dental care (Adult)
- the life of the mother is endangered) Long-term care
  - Long-term care
    Routine foot care except as covered for certain
    Non-emergency care when traveling outside the U.S. diseases

AcupunctureCosmetic surgery

Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery

- Hearing aids 1 purchase per hearing impaired ear /36 months
- Private-duty nursing home health care only

Routine eve care (Adult)

- Chiropractic (manipulative) care 30 visits/year, combined with PT/OT
- Infertility treatment cycle limits may apply

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare of North Carolina, Inc. at 1-800-980-5357 or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="mailto:dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa">dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</a> or North Carolina Department of Insurance, 325 N. Salisbury Street, Suite 1018, Raleigh, NC 27603, 1-855-408-1212 or <a href="mailto:ncdoi.gov/consumers/health-insurance">ncdoi.gov/consumers/health-insurance</a> or Office of Personnel Management Multi State Plan Program: <a href="mailto:opm.gov/healthcare-insurance/multi-state-plan-program/external-review/">opm.gov/healthcare-insurance/multi-state-plan-program/external-review/</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="mailto:Health Insurance/multi-state-plan-program/external-review/">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="mailto:HealthCare.gov">HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or <u>myuhc.com/exchange</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u> or North Carolina Department of Insurance at 1-855-408-1212 or <u>ncdoi.gov/consumers/health-insurance</u>.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-980-5357

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-980-5357

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-980-5357 Navajo (Dine): Dinek'ehqo shika at'ohwol ninisingo, kwiijigo holne' 1-800-980-5357

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

| ■ The plan's overall deductible   | \$0 |
|-----------------------------------|-----|
| ■ Specialist copayment            | \$0 |
| ■ Hospital (facility) coinsurance | 0%  |
| ■ Other coinsurance               | 0%  |

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| Total Example Cost              | \$12,700 |  |
|---------------------------------|----------|--|
| In this example, Peg would pay: |          |  |
| Cost Sharing                    |          |  |
| <u>Deductibles</u>              | \$0      |  |
| Copayments                      | \$0      |  |
| Coinsurance                     | \$0      |  |
| What isn't covered              |          |  |
| Limits or exclusions            | \$60     |  |
| The total Peg would pay is      | \$60     |  |

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)
<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

| Managing Joe's Type 2 Diabetes                |     |
|---|-----|
| (a year of routine in-network care of a well- |     |
| controlled condition)                         |     |
| ■ The <u>plan's</u> overall <u>deductible</u> | \$0 |
| ■ Specialist copayment                        | \$0 |
| ■ Hospital (facility) <u>coinsurance</u>      | 0%  |
| Other coinsurance                             | 0%  |

# Mia's Simple Fracture (in-network emergency room visit and follow up care) The plan's overall deductible

| I ne <u>pian's</u> overali <u>deductible</u> | \$0 |
|--|-----|
| ■ Specialist copayment                       | \$0 |
| ■ Hospital (facility) coinsurance            | 0%  |
| ■ Other coinsurance                          | 0%  |

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

| Total Example Cost              | \$5,600 |
|---------------------------------|---------|
| In this example, Joe would pay: |         |
| Cost Sharing                    |         |
| <u>Deductibles</u>              | \$0     |
| <u>Copayments</u>               | \$0     |
| Coinsurance                     | \$0     |
| What isn't covered              |         |
| Limits or exclusions            | \$0     |
| The total Joe would pay is      | \$0     |

| Total Example Cost              | \$2,800 |
|---------------------------------|---------|
| In this example, Mia would pay: |         |
| Cost Sharing                    |         |
| <u>Deductibles</u>              | \$0     |
| Copayments                      | \$0     |
| Coinsurance                     | \$0     |
| What isn't covered              |         |
| Limits or exclusions            | \$0     |
| The total Mia would pay is      | \$0     |
|                                 |         |