Coverage Period: 01/01/2025 - 12/31/2025 Coverage for: Individual, Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-980-5357 or visit <u>uhc.com/aca-sample-policy</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Yes.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not Applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
What is not included in the out-of-pocket limit?	Not Applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
Will you pay less if you use a <u>network provider</u> ?		This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

Common Medical	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Provider (You will pay the most)	Information	
If you visit a health care provider's	Primary care visit to treat an injury or illness	No Charge	No Charge	None	
office or clinic	Specialist visit	No Charge	No Charge	None	

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		What You	u Will Pay	Limitations, Exceptions, & Other Important
Event	Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Provider (You will pay the most)	Information
	Preventive care/ screening/ immunization	No Charge	No Charge	You may have to pay for services that aren't preventive.  Ask your <u>provider</u> if the services needed are preventive.  Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	No Charge	None
	Imaging (CT/PET scans, MRIs)	No Charge	No Charge	None
If you need drugs	Tier 1 - \$0 Cost-share	No Charge	No Charge	Provider means pharmacy for purposes of this section.
to treat your illness or condition	Tier 2 – Preferred Generic	No Charge	No Charge	Retail: One month supply up to a 30-day supply or a 90-day supply at 2.5x the 30-day cost-share.  Mail-Order: Up to a 90-day supply at 2.5x the 30-day
More information	Tier 3 - Preferred Brand	No Charge	No Charge	cost-share.
about <u>prescription</u> <u>drug coverage</u> is available at	verage is Brand No Charge No Charge Preferred Pharmacy.			
uhc.com/xncdruglist 2025	Tier 5 - Specialty	No Charge	No Charge	Certain drugs may have a <u>preauthorization</u> requirement If you don't get <u>preauthorization</u> , benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered. Insulin products listed on the <u>Prescription Drug</u> List are covered at No Charge at a network pharmacy.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	No Charge	None
	Physician/surgeon fees	No Charge	No Charge	None
If you need	Emergency room care	No Charge	No Charge	None
immediate medical attention	Emergency medical transportation	No Charge	No Charge	None
	<u>Urgent care</u>	No Charge	No Charge	Virtual visits - No Charge by a Designated Virtual Provider.
If you have a	Facility fee (e.g., hospital room)	No Charge	No Charge	None

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Common Medical	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important
Event	Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Provider (You will pay the most)	Information
hospital stay	Physician/surgeon fees	No Charge	No Charge	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit: No Charge Intensive Outpatient: No Charge All Other Outpatient: No Charge	Office Visit: No Charge Intensive Outpatient: No Charge All Other Outpatient: No Charge	None
	Inpatient services	No Charge	No Charge	None
If you are pregnant	Office visits	No Charge	No Charge	None
, ,	Childbirth/delivery professional services	No Charge	No Charge	
	Childbirth/delivery facility services	No Charge	No Charge	
If you need help	Home health care	No Charge	No Charge	None
recovering or have other special health needs	Rehabilitation services	No Charge	No Charge	Limits/year: Manipulative, Occupational, Physical: combined limit 30 visits; Speech: 30 visits; Cardiac, Pulmonary: Unlimited visits each
	Habilitative services	No Charge	No Charge	Limits/year: Manipulative, Occupational, Physical: combined limit 30 visits; Speech: 30 visits No limits apply for treatment of Autism Spectrum Disorder Services.
	Skilled nursing care	No Charge	No Charge	Limited to 60 days/year (combined with inpatient rehabilitation)
	Durable medical equipment	No Charge	No Charge	None
	Hospice services	No Charge	No Charge	None
If your child needs	Children's eye exam	No Charge	No Charge	Limited to 1 exam/12 months.
dental or eye care	Children's glasses	No Charge	No Charge	Limited to 1 pair/12 months.
	Children's dental check-up	No Charge	No Charge	Limited to 2 visits/12 months.

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#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except in cases of rape, incest, or when Dental care (Adult)
- the life of the mother is endangered)
- Acupuncture Cosmetic surgery

- Long-term care
- Non-emergency care when traveling outside the U.S. diseases
- Routine eve care (Adult)
- Routine foot care except as covered for certain

Private-duty nursing - home health care only

- Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery

- Chiropractic (manipulative) care 30 visits/year,
- combined with PT/OT
- Hearing aids 1 purchase per hearing impaired ear /36 months
- Infertility treatment cycle limits may apply

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare of North Carolina, Inc. at 1-800-980-5357 or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or North Carolina Department of Insurance, 325 N. Salisbury Street, Suite 1018, Raleigh, NC 27603, 1-855-408-1212 or ncdoi.gov/consumers/health-insurance or Office of Personnel Management Multi State Plan Program: opm.gov/healthcare-insurance/multi-stateplan-program/external-review/. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or myuhc.com/exchange or the Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or North Carolina Department of Insurance at 1-855-408-1212 or ncdoi.gov/consumers/health-insurance.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa.

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-980-5357

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-980-5357

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-980-5357 Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-980-5357

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$60

Managing Joe's Type 2 Diabetes	
(a year of routine in-network care of a well-	
controlled condition)	
■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ <u>Specialist</u> <u>copayment</u>	\$0
■ Hospital (facility) <u>coinsurance</u>	0%
Other coinsurance	0%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

## (in-network emergency room visit and follow up care) ■ The plan's overall deductible \$0 Specialist copayment \$0 ■ Hospital (facility) coinsurance Other coinsurance 0%

**Mia's Simple Fracture** 

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray)

Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$0

<b>Total Example Cost</b>	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$0