Coverage Period: 01/01/2025 - 12/31/2025

UnitedHealthcare UHC Silver-X Standard (No Referrals)

Coverage for: Individual, Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-980-5357 or visit <u>uhc.com/aca-sample-policy</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall deductible?	Network: \$5,000 Individual / \$10,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Benefits available with no charge such as Network Preventive care services are covered before you meet your deductible. The cost-sharing below indicates whether the deductible applies for each benefit	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network: \$8,000 Individual / \$16,000 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>uhc.com/xncdocfindoa2025</u> or call 1-800-980-5357 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important
Event	Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
If you visit a health care <u>provider's</u>	Primary care visit to treat an injury or illness	\$40 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	None
office or clinic	Specialist visit	\$80 copay /visit, deductible does not apply	Not Covered	None
	Preventive care/ screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	40% coinsurance	Not Covered	None
	Imaging (CT/PET scans, MRIs)	40% coinsurance	Not Covered	None
If you need drugs	Tier 1 - \$0 Cost-share	No Charge	Not Covered	Provider means pharmacy for purposes of this section.
to treat your illness or condition	Tier 2 – Preferred Generic	\$20 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	Retail: One month supply up to a 30-day supply or a 90-day supply at 2.5x the 30-day cost-share. Mail-Order: Up to a 90-day supply at 2.5x the 30-day
More information about prescription	Tier 3 - Preferred Brand	\$40 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	cost-share. Specialty drugs limited to a 30-day supply at a network
drug coverage is available at	Tier 4 – Non-Preferred Brand	\$80 <u>copay</u> /prescription	Not Covered	pharmacy. Certain drugs may have a <u>preauthorization</u> requirement.
uhc.com/xncdruglist 2025	Tier 5 - Specialty	\$350 <u>copay</u> /prescription	Not Covered	If you don't get <u>preauthorization</u> , benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered. Insulin products listed on the <u>Prescription Drug List</u> are covered at No Charge at a <u>network</u> pharmacy.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	40% <u>coinsurance</u>	Not Covered	None
	Physician/surgeon fees	40% coinsurance	Not Covered	None
If you need	Emergency room care	40% coinsurance	40% coinsurance	None
immediate medical attention	Emergency medical transportation	40% coinsurance	40% coinsurance	None

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Common Medical	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important
Event	Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	<u>Urgent care</u>	\$60 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Virtual visits - \$60 copay /visit by a Designated Virtual Network Provider, deductible does not apply.
If you have a hospital stay	Facility fee (e.g., hospital room)	40% coinsurance	Not Covered	None
	Physician/surgeon fees	40% coinsurance	Not Covered	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit: \$40 copay /visit, deductible does not apply Intensive Outpatient: 40% coinsurance All Other Outpatient: 40% coinsurance	Not Covered	None
	Inpatient services	40% <u>coinsurance</u>	Not Covered	None
If you are pregnant	Office visits	No Charge	Not Covered	Cost-sharing does not apply for preventive services.
	Childbirth/delivery professional services	40% <u>coinsurance</u>	Not Covered	Depending on the type of service, a copayment, coinsurance or deductible may apply. Maternity care
	Childbirth/delivery facility services	40% <u>coinsurance</u>	Not Covered	may include tests and services described elsewhere in the SBC (i.e., ultrasound.)
If you need help	Home health care	40% coinsurance	Not Covered	None
recovering or have other special health needs	Rehabilitation services	\$40 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Limits/year: Manipulative, Occupational, Physical: combined limit 30 visits; Speech: 30 visits; Cardiac, Pulmonary: Unlimited visits each
	Habilitative services	\$40 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Limits/year: Manipulative, Occupational, Physical: combined limit 30 visits; Speech: 30 visits No limits apply for treatment of Autism Spectrum Disorder Services.
	Skilled nursing care	40% coinsurance	Not Covered	Limited to 60 days/year (combined with inpatient rehabilitation)
	Durable medical equipment	40% coinsurance	Not Covered	None
	Hospice services	40% coinsurance	Not Covered	None
If your child needs	Children's eye exam	No Charge	Not Covered	Limited to 1 exam/12 months.

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Common Medical Services You May		What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
dental or eye care	Children's glasses	40% coinsurance	Not Covered	Limited to 1 pair/12 months.	
	Children's dental check-up	No Charge	Not Covered	Limited to 2 visits/12 months.	

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Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except in cases of rape, incest, or when Dental care (Adult)
- the life of the mother is endangered)
- Acupuncture

- Long-term care
- Non-emergency care when traveling outside the U.S. diseases
- Routine eve care (Adult)
- Routine foot care except as covered for certain
 - Weight loss programs
- Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)
- Bariatric surgery

Cosmetic surgery

- Chiropractic (manipulative) care 30 visits/year, combined with PT/OT
- Hearing aids 1 purchase per hearing impaired ear
- Private-duty nursing home health care only

- /36 months
- Infertility treatment cycle limits may apply

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare of North Carolina, Inc. at 1-800-980-5357 or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or North Carolina Department of Insurance, 325 N. Salisbury Street, Suite 1018, Raleigh, NC 27603, 1-855-408-1212 or ncdoi.gov/consumers/health-insurance or Office of Personnel Management Multi State Plan Program: opm.gov/healthcare-insurance/multi-stateplan-program/external-review/. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or myuhc.com/exchange or the Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or North Carolina Department of Insurance at 1-855-408-1212 or ncdoi.gov/consumers/health-insurance.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-980-5357

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-980-5357

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-980-5357 Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-980-5357

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$5,000
■ Specialist copayment	\$80
■ Hospital (facility) coinsurance	40%
Other coinsurance	40%

This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$5,000
<u>Copayments</u>	\$0
Coinsurance	\$2,500
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$7,560

Managing Joe's Type 2 Diabetes
(a year of routine in- <u>network</u> care of a well-
controlled condition)

,	
■ The <u>plan's</u> overall <u>deductible</u>	\$5,000
Specialist copayment	\$80
■ Hospital (facility) coinsurance	40%
Other coinsurance	40%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)
Diagnostic tests (*blood work*)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$300
<u>Copayments</u>	\$300
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$600

Mia's Simple Fracture

(in-<u>network</u> emergency room visit and follow up care)

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■ The plan's overall deductible	\$5,000
Specialist copayment	\$80
■ Hospital (facility) coinsurance	40%
Other coinsurance	40%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
<u>Deductibles</u>	\$2,200
<u>Copayments</u>	\$300
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,500