Referrals)

Coverage for: Individual, Family|Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-980-5357 or visit <u>uhc.com/aca-sample-policy</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Yes.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not Applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
What is not included in the out-of-pocket limit?	Not Applicable	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
Will you pay less if you use a network provider?	Yes. See <u>uhc.com/xncdocfindoa2024</u> or call 1-800-980-5357 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays <u>(balance billing)</u> . Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

<b>Common Medical Event</b>	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Provider (You will pay the most)	Information
If you visit a health care	Primary care visit to treat an injury	No Charge	No Charge	None

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Common Medical Event Services You May Need What You Will Pay		Limitations, Exceptions, & Other Important		
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Provider (You will pay the most)	Information
provider's office or clinic	or illness			
	Specialist visit	No Charge	No Charge	None
	Preventive care/screening/ immunization	No Charge	No Charge	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	No Charge	None
	Imaging (CT/PET scans, MRIs)	No Charge	No Charge	None
If you need drugs to treat	Tier 1 - Your Lowest Cost Option	No Charge	No Charge	Provider means pharmacy for purposes of this section.
your illness or condition	Tier 2 - Your Lower Cost Option	No Charge	No Charge	Retail: One month supply up to a 30-day supply or a 90-day supply at 2.5x the 30-day cost share.
More information about prescription drug	Tier 3 - Your Mid-Range Cost Option	No Charge	No Charge	Mail-Order: Up to a 90-day supply at 2.5x the 30-day cost share.
is available at	Tier 4 - Your Mid-Range Cost Option	No Charge	No Charge	Specialty drugs limited to a 30-day supply at a network pharmacy.
uhc.com/xncdruglist2024	Tier 5 - Your Higher Cost Option	No Charge	No Charge	Certain drugs may have a <u>preauthorization</u> requirement. If you don't get <u>preauthorization</u> ,
	Tier 6 - Your Highest Cost Option	No Charge	No Charge	benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge.  See the website listed for information on drugs covered by your plan. Not all drugs are covered.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	No Charge	None
	Physician/surgeon fees	No Charge	No Charge	None
If you need immediate	Emergency room care	No Charge	No Charge	None
medical attention	Emergency medical transportation	No Charge	No Charge	None
	<u>Urgent care</u>	No Charge	No Charge	Virtual visits - No Charge by a Designated Virtual <a href="Provider">Provider</a> .
If you have a hospital	Facility fee (e.g., hospital room)	No Charge	No Charge	None
stay	Physician/surgeon fees	No Charge	No Charge	None

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Common Medical Event	Services You May Need	What Yo	u Will Pay	Limitations, Exceptions, & Other Important	
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Provider (You will pay the most)	Information	
If you need mental health, behavioral health, or	Outpatient services	Office Visit: No Charge Outpatient: No Charge	Office Visit: No Charge Outpatient: No Charge	None	
substance abuse services	Inpatient services	No Charge	No Charge	None	
If you are pregnant	Office visits	No Charge	No Charge	None	
	Childbirth/delivery professional services	No Charge	No Charge		
	Childbirth/delivery facility services	No Charge	No Charge		
If you need help	Home health care	No Charge	No Charge	Limited to 60 visits/year.	
recovering or have other special health needs	Rehabilitation services	No Charge	No Charge	Limits/year: Chiropractic, Manipulative, Occupational, Physical: combined limit 30 visits; Speech: 30 visits; Cardiac, Pulmonary: Unlimited visits each	
	Habilitative services	No Charge	No Charge	Limits/year: Chiropractic, Manipulative, Occupational, Physical: combined limit 30 visits; Speech: 30 visits No limits apply for treatment of Autism Spectrum Disorder Services.	
	Skilled nursing care	No Charge	No Charge	Limited to 60 days/year (combined with inpatient rehabilitation)	
	<u>Durable medical equipment</u>	No Charge	No Charge	None	
	Hospice services	No Charge	No Charge	None	
If your child needs dental	Children's eye exam	No Charge	No Charge	Limited to 1 exam/12 months.	
or eye care	Children's glasses	No Charge	No Charge	Limited to 1 pair/12 months.	
	Children's dental check-up	No Charge	No Charge	Limited to 2 visits/12 months.	

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### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except in cases of rape, incest, or when the life Glasses (Adult)
- of the mother is endangered)

Long-term care

• Routine eye care (Adult)

Acupuncture

- Non-emergency care when traveling outside the U.S.
- Routine foot care except as covered for diabetesWeight loss programs

- Cosmetic surgery
- Dental care (Adult)

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery

· Hearing aids

- Private duty nursing home health care only
- Chiropractic (manipulative) care 30 visits/year, combined Infertility treatment cycle limits may apply with PT/OT

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

UnitedHealthcare of North Carolina, Inc. at 1-800-980-5357 or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or

dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or North Carolina Department of Insurance, 325 N. Salisbury Street, Suite 1018, Raleigh, NC 27603, 1-855-408-1212 or

ncdoi.gov/consumers/health-insurance or Office of Personnel Management Multi State Plan Program: opm.gov/healthcare-insurance/multi-state-plan-program/external-review/. Other

coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or <u>myuhc.com/exchange</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u> or North Carolina Department of Insurance at 1-855-408-1212 or <u>ncdoi.gov/consumers/health-insurance</u>.

Additionally, a consumer assistance program may help you file your appeal. Contact <u>dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u>.

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-980-5357

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-980-5357

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-980-5357

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-980-5357

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

# Managing Joe's Type 2 Diabetes

(a year of routine in-<u>network</u> care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
Other <u>coinsurance</u>	0%

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Mia's Simple Fracture	
(in- <u>network</u> emergency room visit and	
follow up care)	
■ The plan's overall deductible	\$0
Specialist copayment	\$0
■ Hospital (facility) coinsurance	0%
Other coinsurance	0%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,700	Total Example Cost	\$5,600
In this example, Peg would pay:		In this example, Joe would pay:	
Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0
<u>Copayments</u>	\$0	<u>Copayments</u>	\$0
<u>Coinsurance</u>	\$0	Coinsurance	\$0
What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$0
The total Peg would pay is	\$60	The total Joe would pay is	\$0

\$2,800
\$0
\$0
\$0
\$0
\$0