Referrals)

Coverage Period: 01/01/2025 - 12/31/2025

Coverage for: Individual, Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-980-5319 or visit <u>uhc.com/aca-sample-policy</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 at Indian Health Care <u>Provider</u> (IHCP) or with IHCP <u>referral</u> at non-IHCP; or \$6,700 Individual / \$13,400 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Benefits available with no charge such as Network Preventive care services are covered before you meet your deductible. The cost-sharing below indicates whether the deductible applies for each benefit	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network: \$9,200 Individual / \$18,400 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>uhc.com/xokdocfindoa2025</u> or call 1-800-980-5319 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

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All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common	Services You		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out- of-Network Provider (You will pay the most)	Information
If you visit a health care provider's	Primary care visit to treat an injury or illness	No Charge	\$25 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
office or clinic	Specialist visit	No Charge	40% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Preventive care/ screening/ immunization	No Charge	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	Lab Testing: Free Standing/Office: \$20 copay /service, deductible does not apply Hospital: \$75 copay /service, deductible does not apply X-Ray/Diagnostics: Free Standing/Office: 40% coinsurance Hospital: 50% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Imaging (CT/PET scans, MRIs)	No Charge	Free Standing/Office: 40% coinsurance Hospital: 50% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you need drugs to treat	Tier 1 - \$0 Cost- share	No Charge	No Charge	Not Covered	<u>Provider</u> means pharmacy for purposes of this section.
your illness or condition More	Tier 2 – Preferred Generic	No Charge	\$5 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	Retail: One month supply up to a 30-day supply or a 90-day supply at 2.5x the 30-day cost-share.
information about	Tier 3 - Preferred Brand	No Charge	40% coinsurance	Not Covered	Mail-Order: Up to a 90-day supply at 2.5x the 30-day cost-share.
prescription drug coverage	Tier 4 – Non- Preferred Brand	No Charge	45% <u>coinsurance</u>	Not Covered	Specialty drugs limited to a 30-day supply at a network pharmacy.
is available at uhc.com/xokdr uglist2025	Tier 5 - Specialty	No Charge	50% <u>coinsurance</u>	Not Covered	Certain drugs may have a preauthorization requirement. If you don't get preauthorization, benefits will not be covered. Certain preventive medications (including certain

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Common	Services You		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out- of-Network Provider (You will pay the most)	Information
					contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .  Insulin products listed on the <u>Prescription Drug List</u> are covered at No Charge at a <u>network</u> pharmacy.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	40% <u>coinsurance</u>	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Physician/ surgeon fees	No Charge	Free Standing/Office: 40% coinsurance Hospital: 50% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you need immediate	Emergency room care	No Charge	40% coinsurance	40% <u>coinsurance</u>	Cost-sharing waived at non-IHCP with IHCP referral.
medical attention	Emergency medical transportation	No Charge	40% <u>coinsurance</u>	40% coinsurance	Cost-sharing waived at non-IHCP with IHCP referral.
	Urgent care	No Charge	\$75 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Virtual visits - No Charge by a Designated Virtual Network Provider.  Cost-sharing waived at non-IHCP with IHCP referral.
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	40% <u>coinsurance</u>	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Physician/ surgeon fees	No Charge	40% <u>coinsurance</u>	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you need mental health,	Outpatient services	No Charge	Office Visit: 40% <u>coinsurance</u> Intensive Outpatient: 40% <u>coinsurance</u> All Other Outpatient: 40% <u>coinsurance</u>	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.

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Common	Services You		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out- of-Network Provider (You will pay the most)	Information
behavioral health, or substance abuse services	Inpatient services	No Charge	40% <u>coinsurance</u>	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you are	Office Visits	No Charge	No Charge	Not Covered	Cost-sharing does not apply for preventive
pregnant	Childbirth/ delivery professional services	No Charge	40% <u>coinsurance</u>	Not Covered	services. Depending on the type of service, a copayment, coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.,
	Childbirth/ delivery facility services	No Charge	40% <u>coinsurance</u>	Not Covered	ultrasound.) Cost-sharing waived at non-IHCP with IHCP referral.
If you need help recovering or	Home health care	No Charge	40% <u>coinsurance</u>	Not Covered	Limited to 30 visits/year <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
have other special health needs	Rehabilitation services	No Charge	40% <u>coinsurance</u>	Not Covered	Limits/year: Occupational, Physical, Speech: combined limit 25 visits; Cardiac, Pulmonary: Unlimited visits each <a href="Cost-sharing">Cost-sharing</a> waived at non-IHCP with IHCP referral.
	Habilitative services	No Charge	40% <u>coinsurance</u>	Not Covered	Limits/year: Occupational, Physical, Speech: combined limit 25 visits;  Cost-sharing waived at non-IHCP with IHCP referral.  No limits apply for treatment of Autism Spectrum Disorder Services.
	Skilled nursing care	No Charge	40% <u>coinsurance</u>	Not Covered	Skilled nursing is limited to 30 days/year. Inpatient rehabilitation limited to 30 days/year. Cost-sharing waived at non-IHCP with IHCP referral.
	Durable medical equipment	No Charge	40% <u>coinsurance</u>	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.

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Common	Services You		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out- of-Network Provider (You will pay the most)	Information
	Hospice services	No Charge	40% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If your child needs dental or eye care	Children's eye exam	No Charge	No Charge	Not Covered	Limited to 1 exam/12 months. <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	Children's glasses	No Charge	40% <u>coinsurance</u>	Not Covered	Limited to 1 pair/12 months. <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	Children's dental check-up	No Charge	No Charge	Not Covered	Limited to 2 visits/12 months. <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.

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#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except in cases of rape, incest, or when Cosmetic surgery the life of the mother is endangered)
- Acupuncture

Bariatric surgery

- Infertility treatment
- Long-term care

- Non-emergency care when traveling outside the U.S.
- Routine foot care except as covered for certain diseases
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic (manipulative) care Dental care (Adult) - 2 visits/12 months
- Hearing aids 1 purchase per hearing impaired ear Routine eye care (Adult) 1 exam/12 months
- /48 months
- Private-duty nursing 85 visits /year

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare of Oklahoma, Inc. at 1-800-980-5319 or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-guestion/ask-ebsa or Oklahoma Insurance Department, 400 NE 50th Street, Oklahoma City, OK 73105,1-405-521-2828 or oid.ok.govor Office of Personnel Management Multi State Plan Program: opm.gov/healthcare-insurance/multi-state-plan-program/external-review/ . Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or myuhc.com/exchange or the Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or Oklahoma Insurance Department at 1-405-521-2828 or oid.ok.gov.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa.

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-980-5319

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-980-5319

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-980-5319 Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-980-5319

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$6,700
■ Specialist coinsurance	40%
■ Hospital (facility) coinsurance	40%
Other coinsurance	40%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700			
In this example, Peg would pay:				
Cost Sharing				
<u>Deductibles</u>	\$0			
Copayments	\$0			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions \$				
The total Peg would pay is	\$60			

Managing Joe's Type 2 Diabetes			
(a year of routine in-network care of a well-			
controlled condition)			

■ The plan's overall deductible	\$6,700
■ Specialist coinsurance	40%
■ Hospital (facility) coinsurance	40%
Other coinsurance	40%

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

00
\$0
\$0
<b>\$0</b>
\$0
\$0

# Mia's Simple Fracture

(in-<u>network</u> emergency room visit and follow up care)

care)	
■ The plan's overall deductible	\$6,700
■ Specialist coinsurance	40%
■ Hospital (facility) coinsurance	40%
Other coinsurance	40%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800			
In this example, Mia would pay:				
Cost Sharing				
<u>Deductibles</u>	\$0			
Copayments	\$0			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions				
The total Mia would pay is	\$0			

Note: These numbers assume the patient received care from an IHCP or with an IHCP referral to a non-IHCP. If you received care from a non-IHCP without a referral from an IHCP your costs may be higher.