Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

Coverage Period: 01/01/2025 - 12/31/2025 Coverage for: Individual, Family | Plan Type: HMO

UnitedHealthcare UHC Silver-B Value+ (\$0 Virtual Urgent Care, \$3 Tier 2 Rx, Dental + Vision)



Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 at Indian Health Care <u>Provider</u> (IHCP) or with IHCP <u>referral</u> at non-IHCP; or \$3,000 Individual / \$6,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Benefits available with no charge such as <u>Network Preventive care</u> services are covered before you meet your <u>deductible</u> . The <u>cost-sharing</u> below indicates whether the <u>deductible</u> applies for each benefit	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<u>Network</u> : \$9,200 Individual / \$18,400 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>uhc.com/xtxdocfindg2025</u> or call 1-866-811-2704 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network</u> <u>provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common	Services You	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out- of-Network Provider (You will pay the most)	- Information
lf you visit a health care <u>provider's</u>	Primary care visit to treat an injury or illness	No Charge	\$15 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
office or clinic	<u>Specialist</u> visit	No Charge	40% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Preventive care/ screening/ immunization	No Charge	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	Lab Testing: Free Standing/Office: \$20 <u>copay</u> /service, <u>deductible</u> does not apply Hospital: \$75 <u>copay</u> /service, <u>deductible</u> does not apply X-Ray/Diagnostics: 40% <u>coinsurance</u>	Not Covered	<u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	Imaging (CT/PET scans, MRIs)	No Charge	40% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you need drugs to treat	Tier 1 - \$0 Cost- share	No Charge	No Charge	Not Covered	Provider means pharmacy for purposes of this section.
your illness or condition More	Tier 2 – Preferred Generic	No Charge	\$3 <u>copay</u> /prescription, <u>deductible</u> does not apply	Not Covered	Retail: One month supply up to a 30-day supply or a 90-day supply at 2.5x the 30-day <u>cost-share</u> .
information about	Tier 3 - Preferred Brand	No Charge	\$100 <u>copay</u> /prescription	Not Covered	Mail-Order: Up to a 90-day supply at 2.5x the 30-day <u>cost-share</u> .
prescription drug coverage	Tier 4 – Non- Preferred Brand	No Charge	45% coinsurance	Not Covered	<u>Specialty drugs</u> limited to a 30-day supply at a <u>network</u> pharmacy.
is available at <u>uhc.com/xtxdru</u> <u>glist2025</u>	Tier 5 - Specialty	No Charge	50% <u>coinsurance</u>	Not Covered	Certain drugs may have a <u>preauthorization</u> requirement. If you don't get <u>preauthorization</u> , benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge.

Common	Services You		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out- of-Network Provider (You will pay the most)	Information
					See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> . Insulin products listed on the <u>Prescription Drug</u> <u>List</u> are covered at No Charge at a <u>network</u> pharmacy. Drug pricing is available at welcome.optumrx.com/texas/landing.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	40% <u>coinsurance</u>	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Physician/ surgeon fees	No Charge	40% <u>coinsurance</u>	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you need immediate	Emergency room care	No Charge	40% coinsurance	40% <u>coinsurance</u>	Cost-sharing waived at non-IHCP with IHCP referral.
medical attention	Emergency medical transportation	No Charge	40% coinsurance	40% <u>coinsurance</u>	Cost-sharing waived at non-IHCP with IHCP referral.
	<u>Urgent care</u>	No Charge	\$75 <u>copay</u> /visit, <u>deductible</u> does not apply	Not Covered	Virtual visits - No Charge by a Designated Virtual <u>Network Provider</u> . <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	40% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Physician/ surgeon fees	No Charge	40% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
lf you need mental health,	Outpatient services	No Charge	Office Visit: 40% <u>coinsurance</u> Intensive Outpatient: 40% <u>coinsurance</u> All Other Outpatient: 40% <u>coinsurance</u>	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.

Common	Services You	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out- of-Network Provider (You will pay the most)	Information
behavioral health, or substance abuse services	Inpatient services	No Charge	40% <u>coinsurance</u>	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If you are	Office Visits	No Charge	No Charge	Not Covered	Cost-sharing does not apply for preventive
pregnant	Childbirth/ delivery professional services	No Charge	40% <u>coinsurance</u>	Not Covered	<u>services</u> . Depending on the type of service, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.,
	Childbirth/ delivery facility services	No Charge	40% coinsurance	Not Covered	ultrasound.) <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
lf you need help recovering or	<u>Home health</u> <u>care</u>	No Charge	40% coinsurance	Not Covered	Limited to 60 visits/year. <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .
have other special health needs	Rehabilitation services	No Charge	40% <u>coinsurance</u>	Not Covered	Limits/year: Physical, Occupational, Speech, Manipulative: combined limit 35 visits; Cardiac, Pulmonary: Unlimited visits each No limits apply for Acquired Brain Injury services. <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	<u>Habilitative</u> services	No Charge	40% <u>coinsurance</u>	Not Covered	Limits/year: Physical, Occupational, Speech, Manipulative: combined limit 35 visits; <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> . No limits apply for treatment of covered mental health or substance use disorders.
	<u>Skilled nursing</u> care	No Charge	40% <u>coinsurance</u>	Not Covered	Limited to 25 days/year (combined with inpatient rehabilitation) <u>Cost-sharing</u> waived at non-IHCP with IHCP <u>referral</u> .

Common	Services You		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out- of-Network Provider (You will pay the most)	Information
	Durable medical equipment	No Charge	40% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
	Hospice services	No Charge	40% coinsurance	Not Covered	Cost-sharing waived at non-IHCP with IHCP referral.
If your child needs dental or eye care	Children's eye exam	No Charge	No Charge	Not Covered	Limited to 1 exam/12 months. <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	Children's glasses	No Charge	40% <u>coinsurance</u>	Not Covered	Limited to 1 pair/12 months. <u>Cost-sharing</u> waived at non-IHCP with IHCP referral.
	Children's dental check-up	No Charge	No Charge	Not Covered	Limited to 2 visits/12 months. Cost-sharing waived at non-IHCP with IHCP referral.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (C	Check your policy or <u>plan</u> document for more informa	tion and a list of any other <u>excluded services</u> .)
• Abortion - (except in cases of rape, incest, or when	Infertility treatment	Private-duty nursing
the life of the mother is endangered)	Long-term care	Routine foot care - except as covered for certain
Acupuncture	• Non-emergency care when traveling outside the U.S.	diseases
Bariatric surgery		 Weight loss programs
Cosmetic surgery		
Other Covered Services (Limitations may apply to	o these services. This isn't a complete list. Please se	e your <u>plan</u> document.)
Chiropractic (manipulative) care - 35 visits/year,	Hearing aids - 1 purchase per hearing impaired ear	Routine eye care (Adult) - 1 exam/12 months
combined with PT/OT/ST	/36 months	

• Dental care (Adult) - 2 visits/12 months

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare of Texas, Inc. at 1-866-811-2704 or U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or Texas Department of Insurance, 333 Guadalupe, Austin, TX 78701, 1-800-252-3439 or tdi.texas.gov/consumer/index or Office of Personnel Management Multi State Plan Program: opm.gov/healthcare-insurance/multi-state-plan-program/external-review/. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or <u>myuhc.com/exchange</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u> or Texas Department of Insurance at 1-800-252-3439 or <u>tdi.texas.gov/consumer/index</u>.

Additionally, a consumer assistance program may help you file your <u>appeal</u>. Contact <u>dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u>.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-811-2704 Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-811-2704 Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-811-2704 Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-811-2704

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby	
(9 months of in- <u>network</u> pre-natal ca	are and a
hospital delivery)	
The plan's overall deductible	\$3,000
Specialist coinsurance	40%
Hospital (facility) <u>coinsurance</u>	40%
Other <u>coinsurance</u>	40%

This EXAMPLE event includes services like:

<u>Specialist</u> office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$60

Managing Joe's Type 2 Diab	etes
(a year of routine in- <u>network</u> care of	a well-
controlled condition)	
The plan's overall deductible	\$3,000
Specialist coinsurance	40%
Hospital (facility) <u>coinsurance</u>	40%
Other <u>coinsurance</u>	40%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
Deductibles	\$0
<u>Copayments</u>	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$0

Mia's Simple Fracture

(in- <u>network</u> emergency room visit and	follow up
care)	
The plan's overall <u>deductible</u>	\$3,000
Specialist coinsurance	40%
Hospital (facility) <u>coinsurance</u>	40%
Other <u>coinsurance</u>	40%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$0

Note: These numbers assume the patient received care from an IHCP or with an IHCP referral to a non-IHCP. If you received care from a non-IHCP without a referral from an IHCP your costs may be higher.