



In New Mexico and ready to help meet your health care needs



With UnitedHealthcare, you can expect quality group health plans and services, plus convenient digital tools – all delivered by a team of local experts.



Care by the numbers

211,990
total members¹

113,871 Employer & Individual¹
98,119 Medicare & Retirement¹

34
hospitals⁶

5,593 nationwide²

1,737,273
nationwide medical physicians
and health care professionals²

391,700+ Nationwide behavioral
health providers³
177,800+ Nationwide virtual behavioral
health providers³

6,457⁶
New Mexico medical physicians
and health care professionals¹

4,020 Behavioral health providers⁴
1,800 Virtual behavioral health providers⁴

1,225
full-time New Mexico employees⁵

What UnitedHealthcare brings to New Mexico



Quality health plans

Each of our plans has built-in programs that integrate quality care with technology, tools and resources and may include:

- PCP-guided decisions about care
- Standard copay designs that offer greater flexibility and access to care
- Specialty plans that may help you save on your medical premium



Convenient digital tools

- **Employer uhceservices.com** helps you manage enrollment, eligibility and billing in real time
- **myuhc.com**® gives your employees easy access to their plan – they can find and price network care, view claims and more
- The **UnitedHealthcare® app**, the mobile version of **myuhc.com**, is designed to help employees find network providers, cost estimates and more from their smart device
- **24/7 Virtual Visits** connects employees to a provider by phone or video* through **myuhc.com** or the UnitedHealthcare app



Nation's largest proprietary network**

With UnitedHealthcare, your employees have greater access to doctors and hospitals in New Mexico – and throughout the country.



Wellness programs and more

- **One Pass Select®** is designed to help employees meet their fitness goals by offering greater flexibility of payment and access to a nationwide network of fitness locations. Employees may choose from 4 membership tiers based on their price and gym/fitness facility preferences.
- **UnitedHealthcare Rewards** is a program where employees and their spouses can earn rewards for reaching program goals and completing one-time activities. Participants can personalize their experience by selecting activities that are right for them – and choosing ways to spend earnings. Participants may immediately start earning rewards by activating UHC Rewards from the UnitedHealthcare app and their **myuhc.com** account.
- **Vital Medication Program** may provide no out-of-pocket costs for certain medications such as insulin (rapid, short- and long-acting), epinephrine (allergic reactions), glucagon (hypoglycemia/low blood sugar), naloxone (opioid overdose) and albuterol (asthma).
- **Real Appeal®** takes an evidence-based approach to support weight management, helping people make small changes necessary for larger long-term health results. Real Appeal uses a highly interactive internet show, videos and live online coaching to drive small behavior changes.
 - Group coaching with other participants
 - Coaches guide employees through the program, customizing goals to help fit their needs

See what UnitedHealthcare can do for you and your employees

Contact your UnitedHealthcare representative | [uhc.com](https://www.uhc.com)



**United
Healthcare**[®]
UnitedHealthcare
Insurance Company

¹ As of February 2024.

² As of Q2 2024.

³ SURE Dashboard, June 30, 2024 data, commercial populations.

⁴ SURE Network Summary Dashboard, Commercial E&I and non-E&I UBH General Networks Q4 2023 (Jan. 1, 2024 data); Deanna DuBois, Jan. 31, 2024.

⁵ As of March 2024. SURE Dashboard, June 30, 2024 data, commercial populations.

⁶ Numbers reported and approved by NM OSI for the 2024 NM Annual Filing.

*Data rates may apply.

**UnitedHealthcare internal analysis, July 25, 2023.

The UnitedHealthcare[®] app is available for download for iPhone[®] or Android[®]. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

Medications are categorized by common therapeutic conditions in this reference guide for ease of reference only. These categories do not determine coverage for the medication for your condition. Your benefit plan determines how these medications may be covered for you. Where differences are noted between this reference guide and your benefit plan documents, the benefit plan documents will govern. This document applies to commercial group members of UnitedHealthcare plans.

One Pass Select is a voluntary program. For fully insured participants (not available in HI, KS, VT and Puerto Rico) it features a subscription based nationwide gym network and digital fitness. For self-funded participants nationally, it features a subscription based nationwide gym network, digital fitness and grocery delivery service. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. Purchasing discounted gym and fitness studio memberships, digital fitness or grocery services may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships or services under this program, as applicable. One Pass Select is a program offered by Optum. Subscription costs are payable to Optum.

UnitedHealthcare Rewards is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-866-230-2505 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward.

Real Appeal is a voluntary weight management program that is offered to eligible members at no additional cost as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Results, if any, may vary. Any items/tools that are provided may be taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program.

The UnitedHealth Premium[®] designation program is a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at myuhc.com[®]. You should always visit myuhc.com for the most current information. **Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. You should also discuss designations with a physician before choosing him or her. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician.** Please visit myuhc.com for detailed program information and methodologies.

All UnitedHealthcare members can access a cost estimate online or on the mobile app. None of the cost estimates are intended to be a guarantee of your costs or benefits. Your actual costs may vary. When accessing a cost estimate, please refer to the website or mobile application terms of use under Find Care & Costs section.

Insurance coverage provided by UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by UnitedHealthcare of New Mexico, Inc.