



# In Alaska and ready to help meet your health care needs



With UnitedHealthcare, you can expect quality group health plans and services, plus convenient digital tools – all delivered by a team of local experts.

**United  
Healthcare**



## Care by the numbers

**26,062**

total members<sup>1</sup>

**10,689** Employer & Individual<sup>1</sup>

**15,373** Medicare & Retirement<sup>1</sup>

**20**

hospitals<sup>1</sup>

**5,593** nationwide<sup>2</sup>

**1,737,273**

nationwide medical physicians  
and health care professionals<sup>2</sup>

**391,700+** Nationwide behavioral  
health providers<sup>3</sup>

**177,800+** Nationwide virtual behavioral  
health providers<sup>3</sup>

**4,645**

Alaska medical physicians and  
health care professionals<sup>1</sup>

**730** Behavioral health providers<sup>4</sup>

**350** Virtual behavioral health providers<sup>4</sup>

**77**

full-time Alaska employees<sup>5</sup>

# What UnitedHealthcare brings to Alaska



## Quality health plans

Each of our plans has built-in programs that integrate quality care with technology, tools and resources and may include:

- Standard copay designs that offer greater flexibility and access to care
- Specialty plans that may help you save on your medical premium



## Convenient digital tools

- **Employer [uhceservices.com](https://uhceservices.com)** helps you manage enrollment, eligibility and billing in real time
- **[myuhc.com](https://myuhc.com)**® gives your employees easy access to their plan – they can find and price network care, view claims and more
- The **UnitedHealthcare® app**, the mobile version of **[myuhc.com](https://myuhc.com)**, is designed to help employees find network providers, cost estimates and more from their smart device
- **24/7 Virtual Visits** connects employees to a provider by phone or video\* through **[myuhc.com](https://myuhc.com)** or the UnitedHealthcare app



## Nation's largest proprietary network\*\*

With UnitedHealthcare, your employees have greater access to doctors and hospitals in Alaska – and throughout the country.



## Wellness programs and more

- **One Pass Select®** is designed to help employees meet their fitness goals by offering greater flexibility of payment and access to a nationwide network of fitness locations. Employees may choose from 4 membership tiers based on their price and gym/fitness facility preferences.

- **UnitedHealthcare Rewards** is a program where employees and their spouses can earn rewards for reaching program goals and completing one-time activities. Participants can personalize their experience by selecting activities that are right for them – and choosing ways to spend earnings. Participants may immediately start earning rewards by activating UHC Rewards from the UnitedHealthcare app and their **[myuhc.com](https://myuhc.com)** account.
- **Care Cash®** helps employees pay toward cost-sharing for certain eligible network health care expenses and encourages them to use quality care. This preloaded debit card can be used for UnitedHealth Premium® provider visits as well as network primary care provider visits, 24/7 Virtual Visits, urgent care visits and outpatient behavioral health visits. Care Cash is only available with select plans. Program availability excludes health account deposits (HRA, HSA). Speak with your plan representative to confirm availability with your health plan option.
- **Vital Medication Program** may provide no out-of-pocket costs for certain medications such as insulin (rapid, short- and long-acting), epinephrine (allergic reactions), glucagon (hypoglycemia/low blood sugar), naloxone (opioid overdose) and albuterol (asthma).
- **Real Appeal®** takes an evidence-based approach to support weight management, helping people make small changes necessary for larger long-term health results. Real Appeal uses a highly interactive internet show, videos and live online coaching to drive small behavior changes.
  - Group coaching with other participants
  - Coaches guide employees through the program, customizing goals to help fit their needs

# #1

UnitedHealth Group® was named the top-ranking company in the Health Care: Insurance and Managed Care sector on Fortune's 2024 "World's Most Admired Companies" list<sup>6</sup> for the 14th year in a row.

## See what UnitedHealthcare can do for you and your employees

Contact your UnitedHealthcare representative | [uhc.com](https://www.uhc.com)

The UnitedHealthcare logo, featuring the words "United" and "Healthcare" stacked vertically in a blue, sans-serif font.

<sup>1</sup> As of February 2024.

<sup>2</sup> As of Q2 2024.

<sup>3</sup> SURE Dashboard, June 30, 2024 data, commercial populations.

<sup>4</sup> SURE Network Summary Dashboard, Commercial E&I and non-E&I UBH General Networks Q4 2023 (Jan. 1, 2024 data); Deanna DuBois, Jan. 31, 2024.

<sup>5</sup> As of March 2024. SURE Dashboard, June 30, 2024 data, commercial populations.

<sup>6</sup> February 1, 2024. FORTUNE is a registered trademark of Time, Inc. FORTUNE and Time, Inc. are not affiliated with, and do not endorse products or services of UnitedHealth Group.

\*Data rates may apply.

\*\*UnitedHealthcare internal analysis, July 25, 2023.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple Inc. Android is a registered trademark of Google LLC.

24/7 Virtual Visits is a service available with a Designated Virtual Network Provider via video, or audio-only where permitted under state law. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. 24/7 Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

One Pass Select is a voluntary program. For fully insured participants (not available in HI, KS, VT and Puerto Rico) it features a subscription based nationwide gym network and digital fitness. For self-funded participants nationally, it features a subscription based nationwide gym network, digital fitness and grocery delivery service. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. Purchasing discounted gym and fitness studio memberships, digital fitness or grocery services may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships or services under this program, as applicable. One Pass Select is a program offered by Optum. Subscription costs are payable to Optum.

UnitedHealthcare Rewards is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. Receiving an activity tracker, certain credits and/or rewards and/or purchasing an activity tracker with earnings may have tax implications. You should consult with an appropriate tax professional to determine if you have any tax obligations under this program, as applicable. If any fraudulent activity is detected (e.g., misrepresented physical activity), you may be suspended and/or terminated from the program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-866-230-2505 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Components subject to change. This program is not available for fully insured members in Hawaii, Vermont and Puerto Rico nor available to level funded members in District of Columbia, Hawaii, Vermont and Puerto Rico.

Care Cash provides a pre-loaded debit card which can be used for certain health care expenses. If the card is used for ineligible 213(d) expenses, individuals may incur tax obligations and should consult an appropriate tax professional to determine if they have such obligations. The information provided in connection with Care Cash is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional to determine what may be right for them.

The UnitedHealth Premium® designation program is a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at [myuhc.com](https://myuhc.com)®. You should always visit [myuhc.com](https://myuhc.com) for the most current information. **Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. You should also discuss designations with a physician before choosing him or her. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician.** Please visit [myuhc.com](https://myuhc.com) for detailed program information and methodologies.

Medications are categorized by common therapeutic conditions in this reference guide for ease of reference only. These categories do not determine coverage for the medication for your condition. Your benefit plan determines how these medications may be covered for you. Where differences are noted between this reference guide and your benefit plan documents, the benefit plan documents will govern. This document applies to commercial group members of UnitedHealthcare plans.

Real Appeal is a voluntary weight management program that is offered to eligible members at no additional cost as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Results, if any, may vary. Any items/tools that are provided may be taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program.

All UnitedHealthcare members can access a cost estimate online or on the mobile app. None of the cost estimates are intended to be a guarantee of your costs or benefits. Your actual costs may vary. When accessing a cost estimate, please refer to the website or mobile application terms of use under Find Care & Costs section.

Minimum participation requirements may apply for bundling programs. Benefits and programs may not be available in all states or for all group sizes. Components subject to change.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by or through a UnitedHealthcare company.