

## If You Think PrEP is the Right Step

Talk to a healthcare provider!

“I would like to talk about getting on PrEP for HIV prevention.”

Things to consider when talking to a healthcare provider about PrEP:

- Why PrEP is a good choice for you.
- Questions and concerns you may have about taking PrEP.
- Be open and honest.

Some healthcare providers might not be familiar with PrEP and not comfortable prescribing it.

If your healthcare provider is not comfortable prescribing PrEP, you have other options:

- Ask your healthcare provider to consult with the **MDHHS Henry Ford HIV Consultation Line at: 313-575-0332.**
- Ask your healthcare provider for a referral to another healthcare provider with a greater level of knowledge and comfort with PrEP.
- Locate another healthcare provider by visiting [Michigan.gov/MIPrEP](http://Michigan.gov/MIPrEP) or calling 211.

You can also reach out to your local health department or HIV community based organization to get connected to PrEP.

## Resources

Michigan PrEP webpage. Scan with your mobile phone:



Or visit [Michigan.gov/MIPrEP](http://Michigan.gov/MIPrEP).

Michigan's HIV/STI Hotline:  
800-872-AIDS (2437)

CDC PrEP Information: [CDC.gov/HIV/PrEP](http://CDC.gov/HIV/PrEP)

## PrEP Payment Assistance Resources

Gilead Advancing Access Program:  
[Gileadadvancingaccess.com](http://Gileadadvancingaccess.com)

Patient Advocate Foundation:  
866-512-3861

Ready, Set, PrEP:  
[GetyourPrEP.com](http://GetyourPrEP.com)

For additional resources, call 211



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The images used in this brochure are for illustrative purposes only. The persons depicted in these images are models.

# PrEP

## Pre-Exposure Prophylaxis



## What is PrEP (Pre-Exposure Prophylaxis)?

PrEP, also known as Pre-Exposure Prophylaxis, is a medication that can help prevent you from contracting HIV if you are exposed to the virus. If you are at risk of HIV exposure, taking PrEP as prescribed can reduce your chances of getting HIV by up to 99% for sexual encounters and 74% for injection drug use.

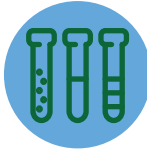
## Who Should Consider Taking PrEP?

PrEP might be right for you if you relate to any of the following:



Infrequent or inconsistent condom use during sex with partners.

You have had a sexually transmitted infection in the past six months.



Having condomless sex with someone whose HIV status is unknown.

Sharing needles or other equipment to inject drugs.



Exchanging sex for money, drugs, housing, or other things.

Having sex with someone who is living with HIV, and they have not been undetectable for six months.



## How PrEP Works

PrEP works by preventing HIV from replicating itself in the body if an individual is exposed to the virus. PrEP should be taken as prescribed by a healthcare provider.

PrEP does not treat or cure HIV. PrEP does not protect against sexually transmitted infections (STIs). Using condoms while on PrEP is highly recommended.

PrEP is not for people who are currently living with HIV.



## Things to Note

- PrEP can be taken for any amount of time.
- It is important that you only start or stop taking PrEP with the help of a healthcare provider.
- Do not share PrEP with someone who has not been prescribed PrEP.

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## About HIV

Human Immunodeficiency Virus (HIV) damages the body's immune system. If left untreated, HIV reduces the body's ability to fight off illnesses.

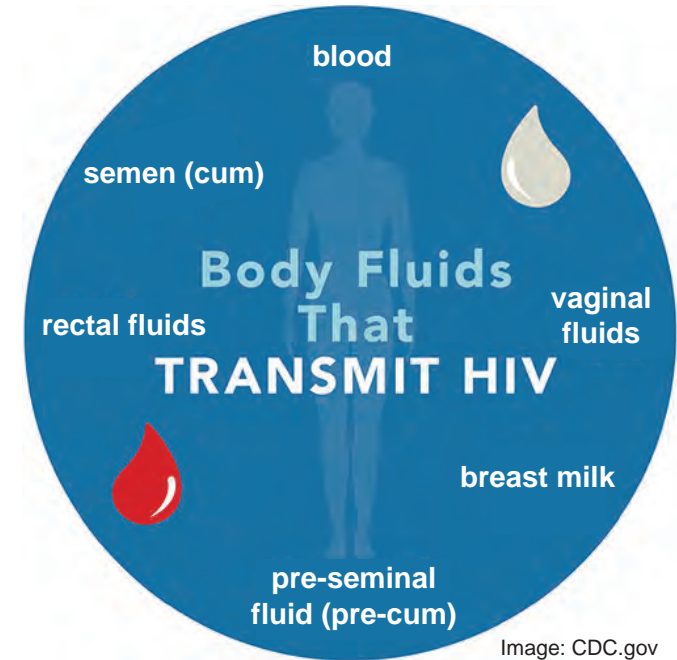


Image: CDC.gov

Here are ways you can get or give HIV:

- By having vaginal, anal, or oral sex without a condom.
- By sharing needles or works when injecting drugs.
- From birthing person to child during pregnancy, delivery, and breast feeding.

You **cannot** get HIV by donating blood or through casual contact or hugging or shaking hands.

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